



Curriculum Subject Overview 2021-2022



PSHE Autumn 1

	1	2	3	4	5	6
Reception	New Beginnings					
Year 1	Who are my friends?	Families and friendship Who cares for you and how?	Families and friendship What is a family? Are all families the same?	Families and friendship If you are worried about something in your family who can you tell?	Families and friendship If you somebody is hurt who can you tell?	Families and friendship What does it mean to keep something private?
Year 2	Family and friendships Why do I feel lonely?	Family and friendships How do I get help when I'm lonely?	Family and friendships How do I resist pressure?	Family and friendships How can I recognize hurtful behaviour?	Family and friendships Can I recognize things in common and differences?	Family and friendships How can I work and play co-operatively? How can I share my opinion?
Year 3	New Beginnings/ Circle Time/Getting to know you activities	Families and Friendships What types of different families are there? What does being part of a family provide?	Families and Friendships What are the good things about being part of a family? How can we care for family in different ways?	Families and Friendships What might make someone in a family feel upset or worried? What should we do if family relationships are making us feel unhappy or unsafe?	Safe Relationships KidSafe programme	



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Year 4	Welcome Back... What about school feels the same and what feels different? How do we feel about being back at school?	Families and Friendships Can you talk about the features of positive healthy friendships such as mutual respect, trust and sharing interests?	Families and Friendships Can you use different strategies to build positive friendships?	Families and Friendships Do you know how to seek support with relationships if they feel lonely or excluded?	Families and Friendships Do you know how to communicate respectfully with friends when using digital devices?	Families and Friendships Do you know what to do or whom to tell if you are worried about any contact online?
Year 5	Welcome back... Classroom environment and golden rules	Families and Relationships What makes a healthy relationship and how they make people feel included?		Families and Relationships Do you know any strategies to help someone feel included?		Families and Relationships Can peer influence affect how people feel or behave?
Year 6	Welcome Back... What about school feels the same and what feels different? How do we feel about being back at school?	Families and Relationships Can you work out the similarities between values and behaviour and how to be a positive role model?	Families and Relationships Can you discuss issues respectfully?	Families and Relationships What are the best ways to listen and respect other points of view?	Families and Relationships How to constructively challenge points of view they disagree with	Families and Relationships Are there different ways to participate effectively in discussions online and manage conflict or disagreements?



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PSHE Autumn 2

	1	2	3	4	5	6
Reception	SEAL – Getting on and Falling out Say no to bullying!					
Year 1	Relationships How do we stay safe?			Relationships How does our behavior effect others'?		
Year 2	Family and friendships How do we know when we/or someone else is feeling happy?	Family and friendships How do I recognise when someone is being bullied?	Family and friendships Can friends both have similarities and differences?	Respecting ourselves and others How can I work and play cooperatively?	Respecting ourselves and others What can I do if I feel angry?	Respecting ourselves and others How do I know if someone else is feeling angry?
Year 3	Respecting ourselves and others What are respectful behaviours e.g. helping or including others, being responsible?	Respecting ourselves and others How can we show respectful behaviour in different situations e.g. at home, at school, online?	Respecting ourselves and others How can we develop self-respect and their right to be treated respectfully by others?		Respecting ourselves and others What does it mean to treat others, and be treated, politely and how do people show respect and courtesy in different cultures and in wider society?	



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Year 4		Families and Friendships Do you know how to communicate respectfully with friends when using digital devices?	Families and Friendships Can you understand how knowing someone online differs from knowing someone face to face and that there are risks in communicating with someone you don't know?	Families and Friendships Do you know what to do or whom to tell if you are worried about any contact online?
Year 5	Health and Care for animals	Relationships Families and Friendships	Respecting ourselves and others	Life Education
Year 6	Respecting ourselves and others Remembrance	Respecting ourselves and others		Life Education
				Respecting ourselves and others



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PSHE Spring 1

	1	2	3	4	5	6
Reception	Living in the Wider World SEAL – Going for Goals					
Year 1	Communities and People What is a community?	Communities and People What communities do we belong to?	Communities and People How do we communicate safely with people online?		Communities and People How can we make a positive contribution to communities?	
Year 2	Community What different groups do I belong to and what is my role?	Community What are my responsibilities inside and out of school?	Community How am I the same/different to people in different groups?	Community What different ways can people access the internet?	Community What is the purpose and value of the internet in everyday life?	Community Which different areas of the internet provide factual information and which are for entertainment?
Year 3	KIDSAFE Building trust and introduction of feelings (sad, scared and worried)	KIDSAFE Bullying, saying 'NO' and trusted adults	KIDSAFE Computer/internet safety and age ratings	KIDSAFE Keeping our body and our private places safe and children's rules to help with this	KIDSAFE Parent/carers arguing and end of course evaluation	KIDSAFE Recap, Mental health, reinforcing the KidSafe messages



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Year 4	Living in the wider world – belonging to a community What makes a community; shared responsibilities	Living in the wider world – belonging to a community What makes a community; shared responsibilities	Living in the wider world – belonging to a community What makes a community; shared responsibilities	Living in the wider world – belonging to a community What makes a community; shared responsibilities	Living in the wider world Media literacy and digital resilience - How data is shared and used	Living in the wider world Media literacy and digital resilience - How data is shared and used
Year 5	Community What can we do to protect our (local) environment? Why is it important we do this?		Community What can we do to show compassion for living things?		Community How is money spent? How and why does this affect the environment?	
Year 6	RAISING ASPIRATIONS PROGRAM	Community How and why people use the internet?			Community What are the benefits of using the internet and digital devices?	Community How do people find things out and communicate safely with others online?



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PSHE Spring 2

	1	2	3	4	5	6
Reception	Living in the Wider World: Belonging to a community SEAL – Good to be me					
Year 1	Media literacy and Digital resilience How and why do people use the internet? What are the benefits of using the internet and digital devices?	Media literacy and Digital resilience How do people find things out and communicate safely with others online?	Money and Work What are your different strengths, in and out of school?	Money and Work How do different strengths and interests help people do different jobs?	Money and Work Who helps us in the community, school and beyond?	Money and Work What kind of different jobs and the work can people do?
Year 2	Community What is the internet?		Community What is online content? How can I be safe using online content?		Community What is an online community?	
Year 3	KIDSAFE	KIDSAFE	What makes a balanced healthy lifestyle?	What Choices can I make which support a healthy lifestyle?	What are the Positive and negative effects on a healthy lifestyle?	How do I Maintain health through a healthy diet?



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Year 4	Living in the wider world – belonging to a community - What makes a community; shared responsibilities	Living in the wider world – belonging to a community - What makes a community; shared responsibilities	Living in the wider world – belonging to a community - What makes a community; shared responsibilities	Living in the wider world – belonging to a community - What makes a community; shared responsibilities	Living in the wider world – Media literacy and digital resilience - How data is shared and used	Living in the wider world – Media literacy and digital resilience - How data is shared and used
Year 5	Community Media literacy and digital resilience	Community Media literacy and digital resilience		Community Media literacy and digital resilience		
Year 6	Community Valuing diversity	Community Challenging discrimination and stereotypes.		Media literacy and digital resilience Evaluating media; sources; sharing		